

MEDICAL RELEASE

I certify that the named Camper is physically fit for playing football and other related activities and has my permission to participate in the camp program. In case of an emergency, I understand that every attempt will be made to contact me. If contact is unsuccessful, I authorize Pistol Spread Option Football Camp medical staff to perform immediate medical care, which includes but is not limited to the referral of other appropriate health care professionals, for any injury/illness that may occur while this individual is participating in camp activities. Any expense arising from injury is the responsibility of the person signing below.

I hereby authorize the staff of Pistol Spread Option to provide any care or medical treatment as deemed necessary to my minor son,

(PRINT NAME): _____

I understand that the consent and authorization herein granted does not include major surgical procedures and are valid only during camp.

Please list below any medications currently being taken or any allergies and/or medical conditions that might restrict this individual from participating in any camp activities:

If the participant has a medical condition that could require medicine during the participation, it is the responsibility of the Participant to supply this medicine daily.

I, the undersigned Parent/Guardian, certify that I have ensured that the Participant has engaged in a sound nutritional diet which includes both hydration and food consumption, both before and after camp participation.

Date: _____ Emergency Phone: _____

Signed: (Parent/Guardian) _____

AFIX POSTAGE

**Concordia University Ann Arbor
C/o Anthony Pratley**

4090 Geddes Road
Ann Arbor, MI 48105



PISTOL SPREAD OPTION OFFENSE



Installation Camp & Clinic

Fri. July 30th to Sat. July 31st

On the campus of:

Concordia University Ann Arbor

Phone: (301) 247-2274

Pistol Spread Option Football Camps 2010

Name: _____ Grade Entering : _____

Address: _____ City: _____ State: _____ Zip _____

Cell Phone: _____ Home Phone: _____ Email: _____

Offensive Position: _____ Defensive Position: _____ Height: _____ Weight: _____

T-Shirt Size: S M L XL 2XL School You will attend in the fall: _____

All Camp applications must be accompanied by **FULL PAYMENT**. Checks should be made payable to **Pistol Spread Option LLC**.
 Please indicate campers name and parent/guardian phone number on all checks. All returned checks will be an additional \$25 processing fee.

Camp Information

The Pistol Spread Option Install Football Camp is an Individual Skills Camp is for students entering the 9 -12 grades. Players will receive superior coaching from the Pistol Spread Option football staff. Players will be taught the basic fundamentals of their offensive position as well as specific drills of the Pistol Spread Option Offense from basic footwork drills to complicated schemes, calls, and routes. Coaches will be instructed on the entire offensive scheme as well as how to execute and utilize drills specific to the PSO. Coaches will be involved in coaching specific drills with players as well as chalk-talk and one on one question and answer sessions with Pistol Spread Option coaches. Coaches will leave the camp with every tool they will need to successfully install the offense.



Daily Schedule

- 8:00-9:00 AM Registration/Welcome Speech
- 9:00-10:00 AM Position Meetings (Overview of Install)
- 10:00 AM-12:00 PM 1st Practice
- 12:00-1:30 PM Lunch Break (Cafeteria)
- 1:30-2:30 PM Position Meetings (Overview of Install)
- 2:30-4:30 PM 2nd Practice
- 5:00-6:00 PM Dinner Break (Cafeteria)
- 6:30-8:00 PM 3rd Practice (Evening Walk-Through Practice)
- 8:30-10:00 PM Position Meetings/Coaches Clinic/Team Building
- 10:00 PM Dismissal to Hotels



What to Bring

All Campers will need cleats and gym shoes. Additionally, helmets will be required for campers. If you are not able to bring a helmet, please contact Concordia University to make other arrangements. Lunch and dinner will be provided on both Friday July 30th and Saturday July 31st. Campers will be responsible for their own breakfast on each of those days.

Make sure to bring a change of clothes and shoes as we will be working out several times throughout the day.